Shallower VS. True forms of Fear and depression.

Physical nervousness and even neurological “anxiety” is a shallow form of “fear” or “anxiety”.

Meaning it is mainly physical, organic in origin and linked to feelings and lower energies.

One example would be lack of oxygen causing hypoxemia. Or if you get infected by a virus, a bacteria, or a tic. Other examples of physical factors would be if you suffer from lack of rest and sleep, dehydration etc.

The symptoms that arrive as a result can and will often cause what would be termed anxiety and depression, due to the inflammation and particularly if it cause inflammation of the brain. To some degree if one organ is affected, all are affected more or less, so that it could affect also the brain somewhat.

The symptoms are usually temporary, and are linked to the physical state, the inflammation. If you have a look at the symptom list of inflammation of the brain, or hypoxemia, you will see that it cause things like moderate to severe exhaustion, confusion, memory problems, difficulties concentrating, depression and nervousness. It can even cause delirium, “hallucinations” and what doctors would label “ psychosis”.

Still, all of these are temporary conditions that are as I said linked to the physical inflammation and lower energetic state. If someone would be attacked and exposed to torment, these symptoms would be a consequence of being exposed to stressors. This would happen naturally. And to those who are born with mitochondrial illnesses or energy dysfunction, are weak physically, and do not tolerate much stressors before they get very sick and suffer with brain inflammatory conditions.

Spiritualism who rely on higher energies in order to ascend would label most people who are ill, and particularly those with energy dysfunctions, as lost if they do not manage to get well. This is as I have already stated in earlier articles, the same standards of judgment that the nazis and Hitler performed during world war 2, where those who were physically weak were judged and condemned as unfit and lost in their estimation.

They based their judgment on the shallower factors like race, nation, genes, gender, status etc. See Galatians 3:26-29 and you will find that this is very contrary to how the true Christ judge people. This is the Hitler mind set. This is the mind set and judging that is in accordance with the lord of the old, immature (shallower/lesser), fallen law, covenant and order. This is the kingdom of darkness, not light. This is the government and justice according to the Antichrist, not the true Christ. This does not represent the new, mature, everlasting law, covenant and order of Jesus Christ, who it the lord of light and represent the kingdom of light.

The true state of fear and depression means a deeper version, and has more to due with our choices based on our present difficulties and weaknesses, it has to do with faith over feelings and physical energy states. That does not mean we are to try to ruin

our physical health, we are to try to improve our health, but not go to such extremes that you can not sacrifice any of your physical energies for the sake of God and man. But everything in moderation. But the physical state that you can not help should not be held against us.

Or else salvation would be connected to salvation of the flesh, salvation according to our outer factors, which is salvation by works of the flesh, and not by grace through faith.

Romans 11:6
“And if by grace, then it cannot be based on works; if it were, grace would no longer be grace.”

2 Corinthians 5:7

“For we live by faith, not by sight.”

John 7:24
“Stop judging by mere appearances, but instead judge correctly.”

2 Corinthians 5:12:
"... so that you can answer those who take pride in what is seen rather than in what is in the heart."

-1. Samuel 16:7
“Do not consider his appearance or his height, for I have rejected him. The LORD does not look at the things man looks at. Man looks at the outward appearance, but the LORD looks at the heart."

See also 2. Cor 12.

While we are on the subject of energy, health and feelings:

What require most brain energy: Laughter, anger, weeping?

Most would no doubt state the two latter. But after having finished a short laughter attack, while suffering a low energy state, I would say they are equally energy demanding, particularly if we speak of brain energy.

I have reached the same conclusion also during low energy states in the past.

So even here we can see that the agenda and theories coming from the spiritualist camp and their "happy human" agenda, with the teaching of higher states of joy in the sense of ecstatic joy, apparently leads to higher energies and thereby ascension and life everlasting, is actually senseless.