Priority in terms of lesser to higher holiness. & 'To die for our faith, what does it really mean?'

As for choosing death before obeying God on a different day than the sabbath, I am a bit unsure**. I do believe there is a deeper, fuller significance of the 7th Day Sabbath that is more important than simply observing the correct day. But I believe we should try to keep the correct day as well. It is of importance, but not as important as the deeper significance which is to advance from the old to the new covenant , from the letter to the spirit, where the priority is:**

1. The Creator and His spiritual kingdom
2. Creation and the physical kingdom, the letter

So whether we would choose death over worshipping God on a different day, I do not believe there is a complete black and white answer. I believe the spirit of God would convict the individual there and then if we have made progress on our path, and not got stuck in an immature truth.

I still believe though that the 7th day Sabbath day is a different question than the dietary laws. **There is a reason why the dietary laws were placed outside of the Ark of the covenant, and not inside as the 10 commandments were.** The Sabbath is the 4th and also among the first 4 that deals about our relationship to God, and sum up the first and greatest commandment of putting God first, above all else.
...
PRIORITY:

1. The spiritual significance of the 7th Day Sabbath weighs heavier than the literal meaning of the 7th Day Sabbath.
2. The letter of the 7th day Sabbath still have importance. The letter of the 7th Day Sabbath, the 4th commandment, weighs heavier than the
3. Dietary laws. Laws concerning the physical, external and temporal.

...
Priority does not equal exclusion unless there is a dilemma in which you need to choose between one or the other.
...

This might be a bit fast as it just came to me, but, if you have a look at the sanctuary, which is also a figure of the way of Christ, there are 3 compartments with different priorities in terms of what is holier and less holy:

1. Most Holy place

2. Holy place
3. Outer court

We also see the same pattern of 3, when it comes to main interpretations of end time prophecies. From shallower to deeper/spiritual. From outer (court) to holy, to most holy.
...
Back to the question of whether we should be ready to end our lives over the question of being forced to worship God on another day.

Personally I believe there are far worse things than succumbing to end our lives, at least with the conviction we would be saved. Going through and enduring torment and suffering, physically, mentally and spiritually is worse than just ending it and wake up in heaven.

To suffer and die daily, is far worse than the day when it all ends.
..

As for:

Revelation 12: 11 "And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death."

Mathew 16: 25 “For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.
26 For what is a man profited, if he shall gain the whole world, and lose his own soul? or what shall a man give in exchange for his soul?”
..

- This I believe has to to with wanting to save their unsanctified character, the law and spirit of the flesh. I am not saying we are not to desire to suffer and die before wanting to disobey God. I suffer and die daily for His sake. That is to crucify the flesh, and advance from the old, immature, to the new, mature and everlasting.

See Hebrews 6.

"*Therefore let us move beyond the elementary teachings about Christ and be taken forward to maturity, not laying again the foundation of repentance from acts that lead to death.."*

2. Corinthians 3:6

"He has made us competent as ministers of a new covenant —not of the letter but of the Spirit; for the letter kills, but the Spirit gives life." -

Romans 8:

"*Life Through the Spirit*
8 Therefore, there is now no condemnation for those who are in Christ Jesus, 2 because through Christ Jesus the law of the Spirit who gives life has set you] free from the law of sin and death. 3 For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, 4 in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

5 Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.6 The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. 7 The mind governed by the flesh is hostile to God; it does not submit to God’s law, nor can it do so. 8 Those who are in the realm of the flesh cannot please God.

9 You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. 10 But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life[because of righteousness. "